

Love Thoughts for Adults

(adapted from materials created by Vivian Newman for PJ Library)

Think of a special child in your life—your child, grandchild, niece/nephew or honorary family member and complete this for them. Have them to the other part, and then share notes, perhaps over cocoa!

My Name:	Today's Date:	
Name of the Child:		
Three things I love to do with this special child:		
I.		
2.		
3.		
Three reasons why I love this special child:		
I.		
2.		
3.		
Three things this special child loves to do:		
I.		
2.		
3.		
Three ways that I can help/be kind to this special ch	nild:	
I.		
2.		
3.		







Love Thoughts for Children

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For this exercise, it's probably easiest for the child to for one set of grandparents at a time	ocus on one grandparent or	
My Name:	My Age:	
Name(s) of My Grandparent(s):		
Three things I love to do with my grandparent(s	s):	
I.		
2.		
3.		
Three reasons why I love my grandparent(s):		
I.		
2.		
3.		
Three things my grandparent love(s) to do:		
I.		
2.		
3.		
Three ways that I can help/be kind to my grandp	parent(s):	
I.		
2.		
3.		



